KEVIN PATRICK WHITE, M.D., PhD

Work: 343 Dundas Street, Suite #302

London, Ontario N6B 1V5, Canada

Tel. (519) 266-3764

Birth date: 19 August, 1959

Birthplace: Bathurst, New Brunswick, Canada

Citizenship: Canadian, U.S.A.

Languages: English, French, some Spanish

Education

Undergraduate: Bachelor of Arts, major in Chemistry

Claremont McKenna College, Claremont, California; 1976-1980

(cum laude)

Graduate: Doctor of Philosophy (PhD) in Epidemiology & Biostatistics

University of Western Ontario, London, Ontario,

1994 – 1998 (Top graduating doctoral student at UWO in 1998, for which

I was awarded the Collip Medal))

Doctorate in Medicine University of California, Davis, California; 1981-1985

Diploma: Theories and Practice of University Teaching University of Western Ontario, London, Ontario (1993)

Diploma: Economic Evaluation in Clinical Trials

University of Western Ontario, London, Ontario (1995)

Post-graduate: Intern in Medicine

Pacific Presbyterian Hospital

Stanford University

San Francisco, California; 1985-1986

Post-graduate (cont'd)

Resident in Internal Medicine Pacific Presbyterian Hospital

Stanford University

San Francisco, California; 1985-1988

Resident in Rheumatology University of Western Ontario London, Ontario; 1989-1991

Clinical Research Fellow in Rheumatology

University of Western Ontario London, Ontario; 1991-1996

Other Appointments

Medical Director: Departments of Respiratory and Intensive Care Medicine

Yolo County Hospital

Woodland, California; 1988 - 1989

Medical Director: Hispanic Agricultural Worker's Clinics

Knight's Landing, California

Esparto, California 1988 - 1989

Assistant Professor: University of Western Ontario

Faculty of Medicine & Dentistry, Division of Rheumatology

London, Ontario 1996 – June 2003

Assistant Professor: University of Western Ontario

Faculty of Medicine & Dentistry, Department of Epidemiology and

Biostatistics, London, ON 1998 – June 2003

Affiliate Investigator: Lawson Research Institute, Imaging Division

St. Joseph's Health Centre

London, Ontario 1999 – June 2003

Rheumatologist: Private Rheumatology Practice, London, Ontario June 2003-March 2004

Freelance Scientific Editor, Writer and Research Consultant

April 2004-present

- Have provided independent scientific editing, writing and research consultation services to over 1,000 clients worldwide

Book Author: Four novels (Inside a Hollow Tree; Miriam's Seed: The River Riders; Black Spoons

& Brimstone; Puck)

One collection of inspirational essays (Finding Shelter from Addiction) 2006

Licensure

Educational: Province of Ontario; 1989-1991

General License: State of California; 1986-1989

Province of Ontario; 1991-2005

Licentiate: Medical Council of Canada; 1995-present

Examinations

National Board of Medical Examiners - Part I
 National Board of Medical Examiners - Part II
 National Board of Medical Examiners - Part III
 National Board of Medical Examiners - Part IV

1989-1990 Royal College of Physicians of Canada General Medicine 1991 Royal College of Physicians of Canada Rheumatology

1994 Medical Council of Canada Qualifying Exam I

Medical Council of Canada Qualifying Exam II

Certifications

Internal Medicine: National Board of Medical Examiners,

U.S.A.; 15 September, 1988

Royal College of Physicians of Canada;

4 June, 1990

Rheumatology: Royal College of Physicians of Canada

2 December, 1991

Memberships

1988-1991	American College of Physicians
1991-2005	Ontario Medical Association
1991-2005	Canadian Medical Association

1991-2005 Royal College of Physicians of Canada

1992- 1993-2005 1996-	Canadian Society for Epidemiology & Biostatistics Canadian Rheumatology Association American College of Rheumatology	
<u>Awards</u>		
1988	Resident's Scholarship, Pacific Presbyterian Hospital, San Francisco, CA Perfect score of 800 on pre-NBME evaluation exam	
1993-1994	MSc Fellowship, National Health and Research Development Program	
1995-1996	Arthritis Society Research Fellowship	
1995	Nellie Farthing Fellowship, University of Western Ontario for the most meritorious current doctoral student in the Faculty of Medicine	
1996-2000	Arthritis Society Junior Research Scholar	
1998	University of Western Ontario Collip Award, awarded annually to the most meritorious graduating doctoral student in the Faculty of Medicine	
1999-2002	Four-time Outstanding Teacher Award, USC Teaching Honour Roll Certificate, University of Western Ontario	
2000	Young Investigator Award, The Canadian Rheumatology Association	
2000 - 2003	Arthritis Society Senior Research Scholar	
2003	"Best Curriculum on Earth" Certificate of Appreciation for excellence in undergraduate medical education.	
2003	Hippocratic Council Teaching Award, awarded to best teacher, as voted by graduating Medical School Class of 2003	
Research Grants		
1990	University Hospital Pooled Research Fund, (Co-investigator - Inhibition of Prostacyclin by Serum Antiphospholipid antibodies)	
1994	University Hospital Pooled Research Fund,	

1	
	(Co-investigator - The London Fibromyalgia Epidemiology Study LFES])
1994-1996	N.H.R.D.P. Special Projects Grant: \$24,973.00 (Co-investigator - The London Fibromyalgia Epidemiology Study LFES])
1995-1997	Arthritis Society Research Grant: \$8,167.00 (Co-investigator - The London Fibromyalgia Epidemiology Study LFES])
1996-1999	Arthritis Society Research Grant: \$48,000.00 (Principal investigator - The London Fibromyalgia Epidemiology Study - Phase IV [LFES-IV])
1997-1999	LHSC Health Services Research Fund Grant: \$9,000.00 Co-Investigator - A Five-Minute Walk Test of Cardiorespiratory Fitness for People with Fibromyalgia
1997-1999	LHSC Internal Research Fund: \$12,000.00 Principal Investigator: Fibromyalgia in the Amish Communities in Southwestern Ontario (FACSO)
1999-2001	LHSC Internal Research Fund: \$14,000.00 Principal Investigator: ATender Point Injection Trial
1999-2001	The Arthritis Society: \$14,600.00 Principal Investigator: ATender Point Injection Trial
2000-2001	College of Massage Therapists of Ontario: \$27,461.25 Principal Investigator: A Randomized Double-Blinded Clinical Trial of Massage Therapy in Fibromyalgia
2000-2002	LHSC Internal Research Fund: \$8,285.00 Principal Investigator: The London Fibromyalgia Epidemiology Study - Six Year Follow Up
2000-2003	The Arthritis Society: \$158,770.00 Principal Investigator: "The Post-Motor Vehicle Collision (MVC) Health Survey"
2002-2003	Lawson Research Institute: \$15,000.00 Principal Investigator: "Perspectives on Opioid Use in Arthritis and Other Chronic Pain States: A Random Survey of Canadian General Practitioners, Psychiatrists and Rheumatologists"

Academic Activities

1995	External reviewer for a <u>National Health Research & Development</u> <u>Program</u> - Small Project Grant.
1995	Guest panelist, 8th <u>Inter-Urban Pain Association of Ontario Conference</u> , University Hospital, London, Ontario (Oct 27, 1995)
1996-2004	External reviewer, scientific manuscripts, Journal of Rheumatology
1996	External book reviewer, Journal of Rheumatology
1998	External reviewer for Masters Thesis in Nursing, entitled: AFatigue in Systemic Lupus Erythematosis: Its Relationship to Quality of Life, Depression, and Disease Activity, <u>University of Western Ontario</u> , London, Ontario (April 21, 1998)
1999	Chair, Master's Thesis in Epidemiology & Biostatistics. A Meta-analysis of Preoperative Chemotherapy for Esophageal Cancer. <u>University of Western Ontario</u> , London, Ontario (January 6, 1999).
1999 - 2002	Internal Reviewer, Arthritis Society Clinical Research Grant Panel
1999	External reviewer, scientific manuscripts, Journal of Musculoskeletal Pain
2002	External reviewer for PhD's Thesis in thesis proposal defence, entitled A Guide to Preparing a PhD Thesis Proposal. <u>University of Western Ontario</u> , London, Ontario (January 16, 2002).
2002 - Present	Internal Reviewer, <u>Lawson Research Institute</u> Internal Research Fund
2002	External reviewer, scientific manuscript (#AJE-00587-2002) American Journal of Epidemiology
2003	External reviewer for <u>Canadian Health Institute of Research</u> – Operating Grant.
2003	External reviewer, scientific manuscript (ACR02.277) Arthritis Care & Research.
2003	External reviewer, manuscript review, Consultations in Primary Care.

Consulting/Professional Activities

1991 - 2004	Independent medical evaluation consultant/expert witness
1999 - 2003	Site principle investigator – Musculoskeletal Clinical Trials
	- MDS Labs (Novartis)
2002	Site co-investigator – Clinical Trials (Alexion Pharmaceuticals Inc.)
2002	Site co-investigator – Clinical Trials (Boehringer Ingelheim [Canada] Ltd.

Publications

Editorials

- 1. **White KP**, Nielson W, Harth M: Psychological distress and health care seeking behaviour: caution warranted in interpreting data (Editorial). J Rheumatol 1999;26(2):244-6.
- 2. **White KP**: Fibromyalgia: The answer is blowin' in the wind. J Rheumatol, 2004;31: 636-9

Peer Reviewed Papers

- 1. **White KP**, McCain GA, Tunks E: The effects of changing the painful stimulus upon dolorimetry scores in patients with fibromyalgia. *J Musculoskeletal Pain* 1993;1(1):43-58.
- 2. **White KP**, Speechley M, Harth M, Ostbye T: Fibromyalgia in rheumatology practice: A survey of Canadian rheumatologists. *J Rheumatol* 1995;22(4):722-726.
- 3. **White KP**, Neilson WR: Cognitive behavioural treatment in fibromyalgia syndrome: A follow-up assessment. *J Rheumatol* 1995;22 (4):717-721.
- 4. **White KP**, Harth M: An analytical review of 24 controlled fibromyalgia (FMS) clinical trials. *Pain* 1996;64(2);211-219.
- White KP, Harth M, Speechley M, Østbye T: Testing an instrument to screen for fibromyalgia syndrome in general population studies: The London Fibromyalgia Epidemiology Study Screening Questionnaire (LFESSQ). *J Rheumatol* 1998;26(4): 880-4.
- 6. **White KP**, Speechley M, Harth M, Østbye T: The London Fibromyalgia Epidemiology Study (LFES): Direct health care costs of fibromyalgia syndrome (FMS) in London, Ontario. *J Rheumatol* 1999;26:885-9.

- 7. **White KP**, Speechley M, Harth M, Østbye T: The London Fibromyalgia Epidemiology Study (LFES): Comparing self-reported function and work disability in 100 community cases of fibromyalgia syndrome versus controls in London, Ontario. *Arthritis Rheum* 1999;42(1):76-83.
- 8. **White KP**, Speechley M, Harth M, Østbye T: The London Fibromyalgia Epidemiology Study (LFES): The prevalence of fibromyalgia syndrome (FMS) in London, Ontario. *J Rheumatol* 1999;26:1570-6.
- 9. **White KP**, Speechley M, Harth M, Østbye T: The London Fibromyalgia Epidemiology Study (LFES): Comparing the demographic and clinical characteristics in 100 random community cases of fibromyalgia syndrome (FMS) versus controls. *J Rheumatol* 1999;26:1577-85.
- 10. **White KP**, Harth M, Speechley M, Østbye T: Fibromyalgia (FMS) tender points in FMS cases from the general population: Testing construct validity and reliability. J Rheumatol 2000;27(11):2677-82.
- 11. **White KP**, Speechley M, Harth M, Østbye T: Co-existence of chronic fatigue syndrome (CFS) with fibromyalgia syndrome (FMS) in the general population: A controlled study. Scand J Rheumatol 2000;29(1):44-51.
- 12. **White KP**, Østbye T, Harth M, Nielson W, Speechley M, Teasell R, Bourne R: Perspectives on post-traumatic fibromyalgia: A random survey of Canadian general practitioners, orthopedists, physiatrists and rheumatologists. J Rheumatol 2000;27:790-6.
- 13. **White KP**, Carette S, Harth M, Teasell RW. Trauma and fibromyalgia: Is there an association and what does it mean? Semin Arthritis Rheum 2000;29:200-16.
- 14. **White KP**, Nielson W, Harth M, Ostbye T, Speechley M: Chronic widespread musculoskeletal pain with or without fibromyalgia: Psychological distress in a representative community adult sample. J Rheumatol 2002 Mar;29(3):588-94
- 15. **White KP**, Harth M: Lumbar planus presenting as cauda equina syndrome in a patient with long-standing rheumatoid arthritis. J Rheumatol 2001;28:627-30.
- 16. **White KP**, Harth M, Speechley M, Ostbye T, Nielson W: A three year follow-up of a representative community sample of adults with chronic widespread pain, with or without fibromyalgia (FM). [in preparation]
- 17. White KP: Musculoskeletal manifestations of KID Syndrome. [in preparation]

- 18. Pankoff BA, Overend TJ, Lucy SD, **White KP:** Validity and responsiveness of the 6 minute walk test for people with fibromyalgia. *JRheumatol* 2000; Nov;27(11): 2666-2670
- 19. Huisman AM, **White KP**, Algra A, Bell DA, Harth M, Vieth R, Jacobs JWG, Bijlsma WJ: Vitamin D in female systemic lupus erythematosis and fibromyalgia patients. *J Rheumatol* 2001; Nov;28(11):2535-9.
- 20. **White KP**, Harth M, Speechley M, Ostbye T: Does the label *>fibromyalgia*□ adversely affect clinical course and health service utilization? Arthritis Rheum 2002 Jun 15;47(3):260-5
- 21. Jones DA, Rollman B, **White KP**, Hill M, Brooks RI: Effect of catastrophizing on chronic pain outcomes. [Accepted in Journal of Pain]
- 22. Thomas AW, **White KP**, Drost DJ, Prato FS: A comparison of rheumatoid arthritis (RA) and fibromyalgia (FM) patients and healthy controls exposed to a pulsed (200ΦT) magnetic field: Effects on normal standing balance. *Neuroscience Letters* 200; Aug; 309(1): 17-20
- 23. Hill ML, Chiodo D, Bell DA, Harth M, le Riche N, Pope J, Thompson JL, **White KP**: Determining the need for allied health treatment services in the Rheumatology outpatient clinic: Patient-identified versus Rheumatologist-identified treatment needs. [in prep]
- 24. **White KP**, Thompson J: Fibromyalgia Syndrome (FMS) in an Amish Community of Southwestern Ontario (FACSO): A Controlled Study to determine disease and symptom prevalence. *J Rheum* 2003; 30(8):1835-40.
- 25. **White KP**: Developing and validating a clinical case definition for the fibromyalgia syndrome for use in clinical practice. *J Musculoskel Pain*, 2003;11:117-18.

Letters

- 1. **White KP**, Teasell R: Debating the use of SMRs {skeletal muscle relaxants}. *Can Fam Phys* 1994; 40(6):1089-1090.
- 2. **White KP**, Harth M: The Fibromyalgia Problem [letter]. *J Rheumatol* 1998;25(5):1022-1023.
- 3. **White KP**, Carette S, Harth M, Teasell RW. Trauma and fibromyalgia: Is there an association and what does it mean? Semin Arthritis Rheum 2000;29:200-16.
- 4. White KP, Harth M: To lump or to split. The importance of tender points. J Rheumatol,

2001;10:2362-2362

- 5. Harth M, **White KP**: Lumbar pannus in rheumatoid arthritis J Rheumatol 2001 Mar;28(3):627-30
- 6. Harth M, **White KP**: Cauda Equina Syndrome or a Complication of Total Hip Arthroplasty. J of Rheum 2002; 39(1)
- 7. **White KP**, Harth M, Speechley M, Ostbye T: 'Fibromyalgia Label' More pros than cons. Arthritis Care Res [submitted]
- 8. **White KP**, Harth M., Nielson W, Speechley M: Reply to the "Editor" Arthritis Rheum 2003 Feb 15;49(1):144-5
- 9. **White KP**: The Answer is Blowin' In the Wind: Response J. Rheumatol, 2004 [in press]

Books

- 1. **White KP**: Breaking Thru the Fibro Fog: Scientific Proof Fibromyalgia Is Real! Wortley Road Books Inc., London, Canada, 2011.
- White KP: Finding Shelter from Addiction; Hope from an Addict Who Lost Everything, & Then Found It Again. Wortley Road Books Inc., London, Canada (to be released in 2011).
- 3. **White KP**: Inside a Hollow Tree (novel). Wortley Road Books Inc., London, Canada (to be released in 2011).
- 4. **White KP**: Black Spoons and Brimstone (novel). Wortley Road Books Inc., London, Canada (to be released in 2012).
- 5. **White KP**, Bice KR: Puck (children's picture book). Wortley Road Books Inc., London, Canada (to be released in 2011).

Book Reviews

- 6. **White, KP**. [Book Review] <u>Osteoporosis: Diagnostic and Therapeutic Principles</u>. J Rheum 1997;24(4):815.
- 7. **White KP**. [Book Review] <u>Wounded Workers</u>. The Politics of Musculoskeletal Injuries. Pain Res Manage 1999;4(1):11.

Chapters

- 1. **White KP**, Harth M. The occurrence and impact of generalized pain. <u>Bailliere's Clinical Rheumatology</u>. (Eds. Croft, Sillman) Harcourt Brace & Co., London, UK. 13:3. 01, 1999:379-89.
- 2. **White KP**, Harth M: Classification, Epidemiology and Natural History of Fibromyalgia. Current Science 2001; *Curr Pain Headache Rep* 2001; Aug; 5(4):320-9
- 3. White KP: The Epidemiology of Fibromyalgia. J Can Rheum Assoc, 2001;11:16-7.
- 4. **White KP, Harth M**: The differential diagnosis of Chronic Regional Pain. In Wallace DJ, Clauw DJ, eds, Fibromyalgia and Other Central Pain Syndromes. Lippincott, Williams & Wilkins, Philadelphia, 2005: 299-308
- 5. **White KP**: Developing and validating a clinical case definition for the fibromyalgia syndrome for use in clinical practice. The Fibromyalgia Syndrome. A Clinical Case Definition for Practitioners, Russell IJ, Editor. Haworth Medical Press, 2004:117-18.
- 6. **White KP**: Fibromyalgia and myofascial pain syndrome. Neurological Therapeutics: Principles and Practice, Volume 1. Noseworthy J, ed., 2006

Literature Reviews

- 1. Teasell R, White KP: Clinical approaches to low back pain. Part I. Epidemiology, diagnosis, and prevention. *Can Fam Phys* 1994;40: 481-486.
- 2. Teasell R, White KP: Clinical approaches to low back pain. Part II. Management, sequelae, and disability and compensation. *Can Fam Phys* 1994;40(3): 490-495.
- 3. **White KP**, Harth M, Teasell R: Work disability evaluation and the fibromyalgia syndrome. Semin Arthritis Rheum 2002 Oct;32(2):71-93
- 4. Masi A, **White KP**, Pilcher JJ: A person-centered approach to care, teaching and research in fibromyalgia syndrome: Justification from biopsychosocial perspectives in populations. *Semin Arthritis Rheum* 2002; 32(2): 71-93
- 5. **White KP**, Carette S, Harth M, Teasell RW: Trauma and fibromyalgia: Is there a connection and what does it mean? Semin Arthritis Rheum 2000;29:200-216{White, 1995 121 /id;White, 2000 170 /id}

Abstracts

- 1. **White KP**, Speechley M, Harth M, Ostbye T: Fibromyalgia in rheumatology practice: A survey of Canadian rheumatologists. *Clin Invest Med* 1994;17(4):B126.
- 2. **White KP**, Neilson WR: Cognitive behavioural treatment of fibromyalgia syndrome: A long-term follow-up. *Clin Invest Med* 1994;17(4):B129.
- 3. **White KP**, Speechley M, Harth M, Ostbye T: Testing an Instrument to Screen for Fibromyalgia (FMS) in General Population Surveys. (Proceedings of the 124th Annual Meeting of the American Public Health Association, November 17-21, 1996, New York, New York.)
- 4. **White K**, Speechley M, Harth M., Østbye T: The London Fibromyalgia Epidemiology Study: The prevalence of Fibromyalgia (FMS) in London, Ontario. (Proceedings of the 1996 American College of Rheumatology National Scientific Meeting, October 18-22, Orlando, Florida.) *Arth Rheum* 1996;39(9):S212.
- 5. **White K**, Speechley M, Harth M., Østbye T: Fibromyalgia (FMS) in a Random Community Sample of 100 FMS Cases. (Proceedings of the 1996 American College of Rheumatology National Scientific Meeting, October 18-22, Orlando, Florida.) *Arth Rheum* 1996;39(9):S277.
- 6. **White K**, Speechley M, Harth M, Østbye T: The London Fibromyalgia Epidemiology Study (LFES): Estimating the Number of Canadian Adults with Fibromyalgia (FMS). (Proceedings of the 1997 American College of Rheumatology 61st National Meeting, November 8-12, 1997, Washington, DC.) *Arth Rheum* 1997;40(9):S187.
- 7. **White K**, Speechley M, Harth M, Østbye T: The London Fibromyalgia Epidemiology Study: Direct Health Care Costs of Fibromyalgia Syndrome (FMS). (Proceedings of the 1997 American College of Rheumatology 61st National Meeting, November 8-12, 1997, Washington, DC.) *Arth Rheum* 1997;40(9):S44.
- 8. **White K**, Speechley M, Harth M, Østbye T: The London Fibromyalgia Epidemiology Study: Self-reported use of Medications and Health Services in Fibromyalgia (FMS). (Proceedings of the 1997 American College of Rheumatology 61st National Meeting, November 8-12, 1997, Washington, DC.) *Arth Rheum* 1997;40(9):S44.
- 9. **White K**, Speechley M, Harth M, Østbye T: The Fibromyalgia Impact Questionnaire (FIQ) as a Predictor of Work Disability in Fibromyalgia Syndrome (FMS) and Chronic Widespread Pain. J Rheumatol 1998;25(S52):16. (Presented in poster format at the XII Pan-American Congress of Rheumatology, June 21-25, 1998, Montreal, Quebec.)

- 10. **White K**, Speechley M, Harth M, Østbye T: Incidence of Fibromyalgia Syndrome (FMS) In Those Already With Chronic Widespread pain. (Presented in poster format at the XII Pan-American Congress of Rheumatology, June 21-25, 1998, Montreal, Quebec.)
- 11. **White K**, Speechley M, Harth M, Østbye T: Remission Rate in Fibromyalgia Syndrome (FMS). (Presented in poster format at the XII Pan-American Congress of Rheumatology, June 21-25, 1998, Montreal, Quebec.)
- 12. **White K**, Speechley M, Harth M, Østbye T: Function and Disability in 100 Random Community Cases of Fibromyalgia Versus Controls. (Presented in poster format at the XII Pan-American Congress of Rheumatology, June 21-25, 1998, Montreal, Quebec.)
- 13. Pankoff BA, **White KP**, Overend TJ, Lucy SD: Reliability of a six-minute walk test of cardiorespiratory fitness in people with fibromyalgia. Arthritis Rheum 1998;41(9):S184. (Presented in poster format at the ARHP 33rd National Meeting, November 8-12, 1998, San Diego, CA.)
- 14. **White K**, Thompson J: Fibromyalgia in an Amish Community in Southwestern Ontario. (Presented in poster format at the University of Western Ontario Department of Medicine Research Day, Wednesday, April 28, 1999, London, Ontario.)
- 15. Jones DA, Rollman GB, **White KP**, Brooke RI: The relationship between cognitive appraisal, intense negative affect, and catastrophizing in chronic pain patients. (Presented in poster format at the Annual Meeting of the American Pain Society, October 1999.)
- 16. **White KP**, Nielson W, Speechley M, Harth M, Østbye T. Depression in a community sample of adult fibromyalgia (FM) cases. [Presented in poster format at the 63rd ACR Annual Scientific Meeting, Boston, MA, November 1999.] *Arth Rheum* 1999;42(9):S151.
- 17. **White KP**, Harth M, Speechley M, Østbye T. Does the number and location of fibromyalgia (FM) tender points (TP) change over time? [Presented in poster format at the 63rd ACR Annual Scientific Meeting, Boston, MA, November 1999.] *Arth Rheum* 1999;42(9):S151.
- White KP, Nielson W, Speechley M, Harth M, Østbye T. Anxiety in a community sample of adult fibromyalgia (FM) cases. [Presented in poster format at the 63rd ACR Annual Scientific Meeting, Boston, MA, November 1999.] *Arth Rheum* 1999;42(9):S153.
- 19. **White KP**, Østbye T, Harth M, Nielson W, Speechley M, Teasell RW. Perspectives on Post-Traumatic Pain: A Random survey of Canadian General Practitioners, Orthopaedists, Physiatrists and Rheumatologists. [Presented in poster format at the 63rd

- ACR Annual Scientific Meeting, Boston, MA, November 1999.] *Arth Rheum* 1999;42(9):S343.
- White KP, Speechley M, Harth M, Østbye T. A study of fibromyalgia-chronic fatigue syndrome (FM-CFS) overlap in the general population. [Presented in poster format at the 63rd ACR Annual Scientific Meeting, Boston, MA, November 1999.] *Arth Rheum* 1999;42(9):S153.
- White KP, Speechley M, Harth M, Østbye T. Co-existence of chronic fatigue syndrome (CFS) among adults with fibromyalgia (FM) identified in a general population survey. [Presented in poster format at the 63rd ACR Annual Scientific Meeting, Boston, MA, November 1999.] *Arth Rheum* 1999;42(9):S1622.
- 22. **White KP**, Thompson J. The prevalence of fibromyalgia in an Amish community in Southwestern Ontario. [Presented in poster format at the 63rd ACR Annual Scientific Meeting, Boston, MA, November 1999.] *Arth Rheum* 1999;42(9):S1620.
- White KP, Harth M, Speechley M, Ostbye T. Testing the consistency of the diagnosis of fibromyalgia (FM) over time: a 36 month study in a representative sample of 99 community adults with chronic widespread pain. [Presented at the 64th ACR Annual Scientific Meeting, Philadelphia, Pa, November 2000.] *Arth Rheum* 2000;43(9):S869
- White KP, Nielson W, Harth M, Speechley M, Ostbye T. Does the label Afibromyalgia alter health status and function: a prospective, within-group comparison? [Presented at the 64th ACR Annual Scientific Meeting, Philadelphia, Pa, November 2000.] *Arth Rheum* 2000;43(9):S871
- 24. **White KP**, Nielson W, Harth M, Speechley M, Ostbye T. Does the label 'fibromyalgia' alter health status, function and health services utilization? A between-group comparison? [Presented at the 64th ACR Annual Scientific Meeting, Philadelphia, Pa, November 2000.] Arth Rheum 2000;43(9):S870
- 25. Huisman AM, **White KP**, Algra A, Harth M, Vieth R, Jacobs JWG, Bijlsma JWJ, Bell DA. Vitamin D in female systemic lupus erythematosus and fibromyalgia patients. [Presented at the 64th ACR Annual Scientific Meeting, Philadelphia, Pa, November 2000.] *Arth Rheum* 2000;43(9):S1092
- 26. Thomas A, **White KP**, Prato F. A comparison of rheumatoid arthritis (RA) and fibromyalgia (FM) patients and healthy controls exposed to a specific pulsed 200 (uT) magnetic field: effects on normal standing balance. [Presented at the 64th ACR Annual Scientific Meeting, Philadelphia, Pa, November 2000.] *Arth Rheum* 2000;43(9):S881

- 27. Hill, M.L., Chiodo, D., Bell, D.A., Harth, M.,, Le Riche, N., Pope, J., Thompson, J.L. & White, K.P. (2002). Determining the need for allied health treatment services in the Rheumatology outpatient clinic: Patient-identified versus Rheumatologist-identified treatment needs. Poster presented at the Association of Rheumatology Allied Health Professionals Annual Scientific Meeting, New Orleans, Louisiana.
- 28. Hill, M.L., Chiodo, D., Bell, D.A., Harth, M.,, Le Riche, N., Pope, J., Thompson, J.L. & White, K.P. (2002). Determining the need for allied health treatment services in the Rheumatology outpatient clinic: Patient-identified versus Rheumatologist-identified treatment needs. Poster presented at the Lawson Health Research Institute Rehabilitation and Geriatric Care Research Day, London, Ontario.
- 29. **White KP**, Carette S, Harth M, Bell MA, Speechley M, Ostbye T, Dreyer J, Teasell R. The Post-MVC Health Survey: A Controlled Epidemiological Study to Estimate Fibromyalgia (FM) Incidence Post Motor Vehicle Collision. Accepted for a poster presentation at the Annual Scientific Meeting in San Antonio, Texas, October 16-21, 2004.
- 30. **White KP**, Carette S, Harth M, Bell MA, Speechley M, Ostbye T, Dreyer J, Teasell R. The Post-MVC Health Survey: Baseline Predictors of Incident Fibromyalgia. Accepted for a poster presentation at the Annual Scientific Meeting in San Antonio, Texas, October 16-21, 2004.
- 31. **White KP**, Harth M, Speechley M, Ostbye T, Nielson W. The Tender Point Injection Trial: A Double-Blind, Randomized Comparison of Xylocaine Versus Saline Tender Point Injections in Patients With Fibromyalgia (FM). Accepted for a poster presentation at the Annual Scientific Meeting in San Antonio, Texas, October 16-21, 2004.
- 32. **White KP**: An Open-Label Study of Sustained-Release Opioid Analgesics in Fibromyalgia (FM). Accepted for a poster presentation at the Annual Scientific Meeting in San Antonio, Texas, October 16 21, 2004.
- 33. Deathe A, **White KP**, Wolfe D, et al: The Prevalence and Characteristics of Lower Extremity Amputations [in final preparation]
- 34. Deathe A, **White KP**, Wolfe D, et al: The Epidemiology of Lower Extremity Amputations in Canada [in preparation]

Research Presentations

1. Medical Grand Rounds, University of Saskatchewan, Royal University Hospital, Saskatoon SK, August 11, 1993.

- 2. Rheumatology Research Day, University of Western Ontario, June 1993.
- 3. Inter-Urban Conference on Pain, London, ON, October 22, 1993.
- 4. Resident's Research Day, University of Western Ontario, May 12, 1994.
- 5. Rheumatology Research Day, University of Western Ontario, June 5, 1994.
- 6. Medical Grand Rounds, University of Western Ontario, University Hospital, London, Ontario, September 15, 1994.
- 7. Canadian Rheumatology Association; Annual Scientific Meeting of the Royal College of Physicians and Surgeons of Canada; Toronto, Ontario, September 17, 1994.
- 8. Canadian Rheumatology Association; Annual Scientific Meeting of the Royal College of Physicians and Surgeons of Canada; Toronto, Ontario, September 17, 1994 {poster}.
- 9. Resident's Research Day, University of Western Ontario, May 11, 1995.
- 10. Rheumatology Rounds, Victoria General Hospital, Dalhousie University, Halifax, N.S., September 21, 1995.
- 11. Epidemiology Seminar, University of Western Ontario, London, Ontario, November 17, 1995.
- 12. Medical Grand Rounds, University of Western Ontario, University Hospital, London, Ontario, Feb. 8, 1996.
- 13. 1996 American College of Rheumatology National Scientific Meeting Fibromyalgia Session, Orlando, Florida, October 20, 1996.
- 14. Post-MVC Fibromyalgia Incidence Study (PMFIS). Epidemiology Rounds, University of Western Ontario, London, Ontario, February 14, 1997.
- 15. Canadian Society of Epidemiology & Biostatistics: Annual Scientific Meeting, London, Ontario, May 25-28, 1997.
- 16. Doctoral (Ph.D.) thesis defense, University of Western Ontario. April 1998.
- 17. Grand Rounds, Department of Medicine, Division of Rheumatology. December 22, 2000.

- 18. Medical Grand Rounds, St. Joseph's Health Care London, February 15, 2001.
- 19. Grand Rounds, Department of Medicine, Division of Rheumatology. May 25, 2001.
- 20. Grand Rounds, Department of Medicine, Division of Rheumatology. October 12, 2001.
- 21. Medical Grand Rounds, St. Joseph's Health Care London, November 8, 2001
- 22. Grand Rounds, Department of Medicine, Division of Rheumatology. Friday, January 25, 2002.
- 35. Medical Grand Rounds, St. Joseph's Health Care London, March 21, 2002.
- 36. Medical Grand Rounds, St. Joseph's Health Care London, September 27, 2002.
- 37. CME Academic Half Day, Division of Rheumatology, St. Joseph's Health Care London, December 6, 2002.
- 38. Medical Grand Rounds, St. Joseph's Health Care London, January 23, 2003.
- 39. Intercity Grand Rounds, Hospital for Sick Children, Toronto, ON, March 18, 2003.
- 40. Family and Community Medicine Grand Rounds, Duke University, Durham, North Carolina. December 13, 2004

Contributions to Teaching and Education

Awards: Outstanding Teacher Award, University of Western

Ontario, 1999-2003

"Best Curriculum on Earth" Certificate of Appreciation for excellence in undergraduate medical education, 2003

Hippocratic Council Teaching Award, voted best teacher by

graduating Medical School Class of 2003

Director: Musculoskeletal Medicine, Medical School, UWO

Medicine Years I and II; 1998-2003

Clinical Methods Teaching: 1998-2003

Medical Student Mentor: 1996-2003

Rheumatology Academic Half-Day 2000-2003

Outpatient Clinical Teaching: Core Medical Resident / Rheumatology Resident

2 half days per week

Arthritis Society: Guest Speaker, one to two times per annum, 1991-2003

Rheumatology Day Program: Speaker, 3 times per annum, up to 12 patients, 2002-2003

Subspecialty Teaching Sessions: Medicine Residents/two times per annum

Internal Medicine Education Series: Academic ½ days for Internal Medicine Residents, R3

level, once per annum

Teaching Activities

- 1. Clinical Methods II, University of Western Ontario, March-April, 1997 (9 hours).
- 2. Guest Lecturer: Epidemiology of Major Rheumatic Diseases, University of Western Ontario, March 10, 1997 (2 hours).
- 3. Clinical Clerk Teaching Rounds, University of Western Ontario, May 1, 1997 (3 hours).
- 4. Preceptor: Medical Student I Elective in Rheumatology, University of Western Ontario, April-May, 1997 (18 hours).
- 5. ICC Teaching: A Crystal Synovitis and AFMS/PMR/Giant Cell Arteritis, University of Western Ontario, September 10, 1997 (2 hours).
- 6. Continuing Medical Education Day Rheumatology (October, 1997)
- 7. Clinical Clerk Teaching Rounds, University of Western Ontario, Feb. 19, 1998 (2 hours).
- 8. Guest Lecturer: Epidemiology of Major Rheumatic Diseases, University of Western Ontario, March 9, 1998 (2 hours).
- 9. Clinical Methods II, University of Western Ontario, May 1998 2000 (9 hours).
- 10. Director: Musculoskeletal Subject Development Group, Medicine Years I and II; 1999-present. (Year I: 5 hours, Year II: 33 hours)
- 11. Clinical Methods II, St. Joseph's Health Care Centre, May 2001 (9 hours)
- 12. Noon Rounds, St. Joseph's Health Care London, April 16, 2002. (1 hour)
- 13. Rotating Rounds, St. Joseph's Health Care London, April 17, 2002 (1 hour)
- 14. Clinical Methods II, St. Joseph's Health Care Centre, April/May 2002 (18 hours)
- 15. Diagnostic Rounds, University Hospital 5N26, July 22, 2002 (1 hour)
- 16. Noon Rounds, St. Joseph's Health Care Centre, September 10, 2002 (1 hour)
- 17. Survey Teaching Methods, Department of Epidemiology, U.W.O., 2002 (8 hours)

- 18. Best Curriculum on Earth Focus Group, Department of Medicine, U.W.O, November 2002 (1 hour)
- 19. Journal Club/Exam of Specified Joint, January 2003 (1 ½ hours)
- 20. Subspecialty Teaching, South Street Campus, February 2003 (1hour)
- 21. Clinical Skills II, St. Joseph's Health Care Centre, March 2003 (9 hours)

Public Lectures

- 1. Guest Speaker: <u>Fibromyalgia</u>, <u>Treatment of Arthritis</u>. Arthritis Society Blue Bird Club. Several lectures in Sarnia (3), St. Thomas (1), Stratford (2), Tillsonburg (2) and London (1). 1991 to 2003.
- 2. Keynote Speaker: <u>Fibromyalgia and Work Disability Evaluation</u>. New Brunswick Bar Association Annual Winter Meeting, Fredericton, New Brunswick, February 8, 1997.
- 3. Guest Speaker: <u>Fibromyalgia</u>. London Medical Secretaries Association Annual Meeting, London, Ontario, November 1, 1997.
- 4. Guest Speaker: <u>Arthritis and Fibromyalgia Research</u>. The Arthritis Society. London, Ontario, March 22, 1999.
- 5. Guest Speaker: <u>Fibromyalgia</u>. The Arthritis Health Professional Association Meeting. Toronto, Ontario, May 7, 1999.
- 6. Guest Speaker: Mechanisms of Pain in Fibromyalgia. Arthritis Society, Sept 1999.
- 7. Guest Speaker: Post-Traumatic Fibromyalgia. OMA Annual Meeting, May 26, 2000.
- 8. Guest Speaker: <u>Alternative Therapies and Fibromyalgia and its Treatment</u> Joint Effort 2000 Conference, October 14, 2000.
- 9. Guest Speaker: Post Traumatic FMS Interurban Pain Meeting, October 27, 2000.
- 10. Guest Speaker: <u>Management of Fibromyalgia</u> Arthritis Society in British Columbia, January 20, 2001.
- 11. Guest Speaker: <u>Fibromyalgia and its Management.</u> London Fibromyalgia Group. Forest City Kiwanis Centre in London, Ontario, January 24, 2001.
- 12. Guest Speaker: <u>Fibromyalgia</u>. The Arthritis Society Fibromyalgia Forum. St. Josephs Health Care London, April 27, 2001.

- 13. Guest Speaker: <u>Patient-Centred Approach to Managing Fibromyalgia</u>. Arthritis Society Public Forum. Chatham, Ontario, October 25, 2001
- 14. Guest Speaker: <u>Patient-Centred Approach to Managing Fibromyalgia.</u> School of Occupational Therapy, Elborn College, London, Ontario, November 21, 2001.
- 15. Guest Speaker: <u>Yes-The Fibromyalgia Patient can be Treated.</u> Rodd Royalty Inn, Charlottetown, PEI, Canada, May 24, 2003.
- 16. Speaker: <u>Fibromyalgia Research.</u> The Arthritis Institute, London, Ontario, May 29, 2003.
- 17. The Fibro Doctor: Fibro myalgia Can Be Treated. Chatham, Ontario. September 28, 2004.

Invited Appearances

- 1. <u>March 5, 1999:</u> Rogers TV Kitchener The Arthritis Society - juvenile arthritis month. Topic: interviewed about arthritis.
- 2. <u>June 30, 1999:</u> CTV National News. Publication of the prevalence of fibromyalgia study.
- 3. October 17, 2000: TVO Ontario. Your Health - Fibromyalgia Syndrome
- 4. <u>April 25, 2001:</u> The New PL (London Ontario News) Clip on Fibromyalgia Management